



# Girls on the Run is for **EVERY** girl

**Join CTMS Heart & Sole for Grades 6-8!**

Girls on the Run is offering a middle school team at CTMS this spring! The 6th-8th grade Heart & Sole program focuses on building the whole person – body, brain, heart, spirit and social connection.



The team will meet after school at CTMS on Tuesdays 2:30-4:15pm, April 9 - early June.

If your girl participated in GOTR in elementary school, Heart & Sole builds on that experience – and if she's new, we'd love to have her join us!

GOTR → Heart & Sole

**SHE BELONGS!**

Registration fee: \$250

Financial assistance available!

Questions? Contact Anne Klein at [anne@girlsontherunnj.org](mailto:anne@girlsontherunnj.org) or 973-951-4266

Learn more and register at [www.girlsontherunnj.org](http://www.girlsontherunnj.org)

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